Supervision Essentials for

Emotion-Focused Therapy

Contents

Foreword to the Clinical Supervision Essentials Series	vii
Chapter 1. Introduction	3
Chapter 2. The Essential Dimensions of the Emotion-Focused Therapy Model of Supervision	29
Chapter 3. The Process of Supervision	45
Chapter 4. Handling Common Supervisory Issues: Alliance and Interpersonal Skills	81
Chapter 5. Handling Common Technical Supervisory Issues	107
Chapter 6. Research	141
Chapter 7. Future Directions	147
Recommended Readings	151
References	153
Index	159
About the Authors	167