

*In the Shadow of Gaurishanker* portrays the changes seen in Dolakha district in eastern Nepal over the past 40 years. The photographs in colour and black & white take us back to vanishing traditions, costumes and knowledge, and the struggles of the hill people on their way to a better future. Roads, forests and potatoes are the main drivers behind these immense changes, and were only possible through the joint efforts of the local people, government forces, and long-term engagement by Switzerland.

Author Fritz Berger worked as a planner and horticulturist in Dolakha in the 1970s. It was then that he fell in love with Nepal and began to document in film, photo and text the life of this extraordinary country and its people.