

The Stockholm – Mälaren Region

SPECIAL EDITOR

Ulf Sporrong

THEME MANAGER

Council for the
Stockholm-Mälär Region

National Atlas of Sweden

Contents

An International, Mobile and Innovative Region _____	6
JOHAN DANIELSON	
The Stockholm–Mälaren Region _____	8
All Ways Meet at Mälaren 8 MAJA HAGERMAN	
Land Use 10 ULF SPORRONG	
Population 12 ULF SPORRONG	
Urban Areas and Population 14 ULF SPORRONG	
Stockholm – the Capital of Sweden 16 STAFFAN HELMFRID	
Five Facets of the Region _____	18
ULF SPORRONG	
Reading the Landscape 22	
What is a Region? 23	
Natural History and Natural Resources _____	28
ULF SPORRONG	
Landforms 28	
Land Uplift and Changes in the Shorelines 30	
Quaternary Deposits 31	
Climate, Lakes and Rivers 32	
Plant and Animal Life 34	
The History of the Population _____	36
ULF SPORRONG	
Early Population Figures 36	
Distribution of the Population 37	
Differences Between East and West 37	
The Historical-Geographical Heritage _____	40
The Iron Age Districts of the Mälaren Valley 40 KLAS-GÖRAN SELINGE	
Runic Inscriptions 44 TORGUNN SNÆDAHL	
The Mälaren Provinces in the Middle Ages 47 ULF SPORRONG	
Names of Places, Provinces and People 49 PER VIKSTRAND	
Churches 53 ULF SPORRONG	
The Early Cultivated Landscape 56 ULF SPORRONG	
Bergslagen – the Mining Districts 61 GERT MAGNUSSON	
The Towns 67 ULF SPORRONG	
Trade and Shipping in Early Times 74 ÅKE E. ANDERSSON, ULF SPORRONG	
Transport by Land and Sea 75 BERTIL SANNEK, STIG SVALHAMMAR	
The Coast and Archipelago 78 ULF SPORRONG	
Cultural Attractions 82 ULF SPORRONG	
Regional Planning _____	84
BO WIJCKMARK	
Economic Growth and Social Developments 84	
Stronger Municipalities 86	
Overall Planning is Developed 87	
Regional Planning 88	
New Regional Planning in the Pipeline 93	
Cooperation in the Mälaren Region 95	
Requirements for the Region's Economic Development _____	98
ÅKE E. ANDERSSON, DAVID ANDERSSON	
Infrastructure as Limitation and as Opportunity 98	
The Transport Network and Traffic Flows 101	
Energy 106	
A Knowledge Region 109	
Infrastructural Effects on Regional Development 114	
Old and New Trade Patterns 120	
Economies of Scale 125	
Entrepreneurship 130	
Industry and the Public Sector _____	132
ÅKE E. ANDERSSON	
Employment and Unemployment 132	
The Public Sector 132	
Industry 137	
Population Trends and the Housing Market _____	148
ÅKE E. ANDERSSON, DAVID ANDERSSON	
Income and Population Trends 149	
The Housing Market 150	
Living Conditions _____	154
ÅKE E. ANDERSSON, ULF SPORRONG, LEIF WASTENSON	
Welfare and Care 154	
Ethnic Segregation 159	
Cultural Life and Leisure 161	
Environmental Influences and Nature Conservation _____	168
ANDREAS NILSSON, BENGT-OVE JANSSON, ULF SPORRONG	
Environmental Goals for a Sustainable Society 168	
Limited Climate Effects and Healthier Air 169	
Acidification is Decreasing 170	
Achieving a Toxin-free Environment 171	
Eutrophication – a Continuing Problem 172	
Imbalance in the Sea 173	
Biological Diversity and Nature Protection 174	
Cooperation across the Baltic Sea _____	178
ÅKE E. ANDERSSON	
Developments since the 1980s 178	
Trade and Integration 179	
Scientific Cooperation 179	
Cultural Cooperation 180	
A Region of the Future _____	182
The Poer's Landscape 182 LARS GUSTAFSSON	
An Extended Capital Region 183 MATS SVEGFORS	
The Region in an International Perspective 184 LAMIA KAMAL-CHAOU	
Reference Map, scale 1:250 000 _____	185
Index of Place Names; Authors; Literature; References; Index _____	218