

# The Scourge and the Cross

Ascetic Mentalities of the Later Middle Ages

BY

David F. Tinsley

PEETERS  
PARIS – LEEUVEN – WALPOLE, MA  
2010

# Table of Contents

INTRODUCTION	
The Study of Ascetic Mentalities	1
CHAPTER 1	
The Healing Power of Self-Mortification in Dominican Convent Culture	13
<i>The Genealogical Trees of Gérard de Frachet and Elsbeth Stagel</i>	15
<i>The Suffering Soul's Journey to God</i>	18
<i>The Therapeutic Connotations of Suffering</i>	21
<i>Exemplars of Asceticism: St. Dominic</i>	32
<i>Other Exemplars: Peter the Martyr and Thomas Aquinas</i>	39
<i>Gender and the Scourge</i>	43
CHAPTER 2	
Dying with Christ in the Revelations of Elsbeth von Oye	49
<i>Elsbeth von Oye and her Cross</i>	49
<i>The Sources of Elsbeth's Blood Mysticism</i>	53
<i>The Medieval and Modern Reception of Extreme Asceticism</i>	60
<i>John the Evangelist as a Model of 'unio' and 'compassio'</i>	64
<i>Ritual Self Mortification in the Sisterbooks</i>	69
<i>Blood Mysticism in Catherine of Siena and Elsbeth von Oye</i>	79
<i>The New Martyrdom</i>	85
CHAPTER 3	
Exemplary Women in the <i>Alemannische Vitaspatrum</i>	87
<i>The Sisterbooks as a Response to the Misogyny of the Desert Fathers</i>	89
<i>The Code of the Cell</i>	91
<i>Desert Misogyny</i>	95
<i>Exemplary Desert Mothers</i>	98
<i>Penitent Saints and the Medieval Reception of Mary Magdalen</i>	103
<i>The Desert and the Convent</i>	114

<b>CHAPTER 4</b>	
The Spiritual Journeys of Henry Suso and Elsbeth Stagel	117
<i>The Marginalization of Elsbeth Stagel</i>	119
<i>Gender and 'Auctoritas'</i>	121
<i>Gender and Conversion</i>	125
<i>Gender and Suffering</i>	131
<i>Gender and Discernment</i>	144
<i>Gender and Revelation</i>	147
<i>Gender and Discipleship</i>	150
<b>CHAPTER 5</b>	
Asceticism and the Problem of Evil	153
<i>Elsbeth von Oye's Greater Agony</i>	153
<i>The Devil's Role in Satisfaction Theory</i>	155
<i>The Devil and Elsbeth Schefflin</i>	159
<i>The Suffering Bride of Christ: Christina von Stommeln</i>	161
<i>Life as a Demon: Ita von Hohenfels</i>	170
<i>Suffering as a Gift: The Theodicy of Julian of Norwich</i>	173
<i>The Enemy Within</i>	178
<i>Julian's Gift of Suffering</i>	180
<i>Sin, Death and Deliverance</i>	182
<i>Two Visions of Evil</i>	185
<i>Asceticism and Consolation</i>	187
<b>CONCLUSION</b>	
Asceticism and the Study of Medieval Mentalities	189
<b>LIST OF ILLUSTRATIONS</b>	197
<b>BIBLIOGRAPHY OF PRIMARY AND SECONDARY LITERATURE</b>	199
<b>INDEX</b>	213

## Illustrations

- |                |  |     |
|----------------|--|-----|
| 1. Figure 1:   | The pelican ripping open its breast to feed its young.<br>Heinrich Seuse, <i>Schriften</i> , Einsiedeln, Stiftsbibliothek,<br>710 (322), color initial 61vb                                | 13  |
| 2. Figure 2.1: | Christ administers <i>disciplina</i> to the loving soul.<br>Heinrich Seuse, <i>Schriften</i> , Einsiedeln, Stiftsbibliothek,<br>710 (322), color illumination 6ra                          | 49  |
| 3. Figure 2.2: | Blood mysticism in Elsbeth and Catherine<br>Explanatory diagram  | 84  |
| 4. Figure 4:   | Henry Suso greeted by Eternal Wisdom<br>and surrounded by his brothers.<br>Heinrich Seuse, <i>Schriften</i> , Einsiedeln, Stiftsbibliothek,<br>710 (322), full-page color illumination 48r | 117 |
| 5. Figure 5:   | The loving soul takes up Christ's cross<br>and is plagued by the devil.<br>Heinrich Seuse, <i>Schriften</i> , Einsiedeln, Stiftsbibliothek,<br>710 (322), full-page color illumination 22v | 153 |